

Youth Support Services

Job Description

Youth Peer Support Definition:

Youth Support Services exist under the umbrella of Peer Services. Youth Support Services assist and support members ages 12 to 17 in understanding their role in accessing services, becoming informed consumers of services and self-advocacy.

Youth Support may include, but is not limited to, mentoring, advocating, and educating through youth support activities individually or in groups .

Youth support is intended for youth who have the capacity and ability to understand their diagnosis, needs, strengths, behaviors and symptoms to be an active participant in making decisions for their individualized care.

Provider Qualifications

A provider of Youth Support Services must be a Certified Peer Support Specialist through the state of Idaho and hold an Optum Idaho Youth Support Endorsement training certificate.

To qualify, the candidate must:

- Have a High School Diploma or Equivalent.
- Have a lived experience with SED or SED co-occurring with Substance Use Disorder as a youth. Note a substance abuse disorder by itself does not qualify as lived experience for this program.
- Be in recovery for a minimum of 1 year.
- Complete State directed Peer Support Training.

CPSS must have an active Peer Support Specialist certification and be practicing within a group agency under medicaid supervisory protocol. And It is

recommended, however not mandatory, that the provider of Youth Support be between the ages of 21 and 30.

This recommendation is based on the importance of Youth Support providers having the ability to connect with youth on a peer-to-peer level and find their Youth support provider relatable.

Job Responsibilities

As a Youth Support Provider with Hope Tree, your job responsibilities include:

- Work with youth and current youth supports to complete an individual Needs Assessment Inventory.
- Assist youth (with treatment team members) in setting recovery goals, developing a recovery action plan, a relapse plan, solving problems and addressing barriers related to recovery.
- Complete a 90 day treatment plan review and update the plan as needed.
 - Review must assess the peer's abilities and strengths and include an update of what the peer has been able to accomplish with Peer Support Services.
- Areas of focus should include any of the following:
 - Modeling recovery and sharing their stories of lived experience to connect and engage youth in the recovery process.
 - Help the youth to develop a network of support.
 - Emphasize physical, psychological and emotional safety.
 - Empower youth to gain the ability to make independent choices and take a proactive role in their individualized treatment
 - Empowers the client/peer to develop skills to improve their overall functioning and quality of life.
 - Empower the client/peer to effectively manage their own mental illness or co-occurring conditions by empowering the member to engage in their own treatment, healthcare and recovery.
 - Encourage self-determination, hope, insight, and the development of new skills.
 - Help the client/peer decrease isolation and build a community supportive of the member establishing and maintaining recovery.
 - Connect client/peer with professional and non-professional recovery resources in the community and help client/peer navigate the service system in accessing resources independently.

Authorization Type

PSS services are allotted Threshold is 416 units per member, per calendar year. Additional services must be prior authorized.

Scope of Practice

Peer Support Specialists are to keep provided services within the scope of practice of peer support as listed in the job description and definitions above. Peer Support is **NOT**

- Peer Support is NOT to provide any services that are not Peer Support in nature.
- Peer Support is NOT transportation in lieu of medicaid transportation, substitute for supervision or daycare, vocational rehabilitation training, skills training,
- Peer Support may NOT be duplicative of any services or activities that the member is already getting such as CBRS, Counseling, Case Management, therapy etc...
- Peer Support Workers may NOT act as a legal representative for the member
- Peer Support Workers may NOT participate in determining competence, provide legal advice, or deliver services that are not within the scope of Peer Support services.

In Summary:

A PSS Worker **CAN**:

- Work with peer to set recovery goals
- Work with peer to assess how things are going.
- Encouraging self-determination and progress.
- Connect peer with people who will help them progress.
- Empower peer to manage their own mental illness or co-occurring conditions by empowering the member to engage in their own treatment, healthcare and recovery.
- Help peer decrease isolation and build a community supportive of the member establishing and maintaining recovery.

- Go into the community with peer if it meets the purpose of a set recovery goal.

A PSS Worker **CANNOT**:

is **NOT**

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- Peer Support may NOT be duplicative of any services or activities that the member is already getting such as CBRS, Counseling, Case Management, therapy etc...
- Peer Support Workers may NOT act as a legal representative for the member
- Peer Support Workers may NOT participate in determining competence, provide legal advice, or deliver services that are not within the scope of Peer Support services.
- Peer Support Workers may NOT take possession of a client's personal belongings.
- Peer Support Workers may NOT run errands or complete tasks on behalf of their peer.